

# INSTACUBE One Step InstaCube Drug Test Package Insert

Package insert for testing of the following drugs: Amphetamine 50, Cocaine 20, Marijuana 12, Methamphetamine 50, Opiate 40, Methadone 30, Phencyclidine 10, Oxycodone 20, BUP5, BAR50 and Benzodiazepines 10 and Alcohol 20mg/dL.

## INTENDED USE & SUMMARY

The InstaCube Oral Drug Test is intended for screening for the presence of drugs and drug metabolites in oral fluid. For forensic use only.

The Oral Fluid Pipette Test is a lateral flow chromatographic immunoassay for the qualitative detection of drugs and drug metabolites in oral fluid at the following cut-off concentrations:

Test	Calibrator	Cut-off (ng/mL)	Detection Time
Amphetamine (AMP)	d-Amphetamine	50	10 min - 72 hrs
Cocaine (COC)	Benzoylcegonine	20	10 min - 24 hrs
Marijuana (THC)	11-nor- $\Delta^9$ -THC-9 COOH	12	Up to 14 hrs
Methamphetamine (MET)	d-Methamphetamine	50	10 min - 72 hrs
Opiate (OPI)	Morphine	40	1 hr - several days*
Methadone (MTD)	Methadone	30	Up to 2 days
Phencyclidine (PCP)	Phencyclidine	10	/
Oxycodone (OXY)	Oxycodone	20	Up to 14 hrs
Benzodiazepines (BZO)	Oxazepam	10	/
Buprenorphine (BUP)	Buprenorphine	5	/
Barbiturates (BAR)	Secobarbital	50	/
Alcohol (ALC)	Alcohol	> 0.02 % B.A.C	/

This test will detect other related compounds, please refer to the Analytical Specificity table in this package insert.

**AMP:** Amphetamine is a sympathomimetic amine with therapeutic indications. The drug is often self-administered by nasal inhalation or oral ingestion.<sup>1</sup>

**COC:** Cocaine is a potent central nervous system (CNS) stimulant and a local anesthetic derived from the coca plant (erythroxylum coca).<sup>1</sup>

**THC:** Tetrahydrocannabinol, the active ingredient in the marijuana plant (*cannabis sativa*), is detectable in oral fluid shortly after use. The detection of the drug is thought to be primarily due to the direct exposure of the drug to the mouth (oral and smoking administrations) and the subsequent sequestering of the drug in the buccal cavity.<sup>2</sup>

**MET:** Methamphetamine is a potent stimulant chemically related to amphetamine but with greater CNS stimulation properties. The drug is often self-administered by nasal inhalation, smoking or oral ingestion.<sup>1</sup>

**OPI:** The drug class opiates refers to any drug that is derived from the opium poppy, including naturally occurring compounds such as morphine and codeine and semi-synthetic drugs such as heroin. Opiates control pain by depressing the CNS, and demonstrate addictive properties when used for sustained periods of time. Opiates can be taken orally or by injection routes including intravenous, intramuscular and subcutaneous; illegal users may also take the intravenously or by nasal inhalation.<sup>3</sup>

\*The window of detection varies for different opiates. Codeine can be detected within one hour and up to 7-21 hours after a single oral dose. Morphine is detectable for several days after a dose.

**MTD:** Methadone is an analgesic compound most frequently used for the treatment of opiate addiction. One clinical study suggested that the ratio of methadone to plasma was approximately 0.51.<sup>4</sup> Using known half-life data for plasma, the detection window in saliva is expected to be up to 2 days after use.

**PCP:** Phencyclidine is a hallucinogen and, can be detected in oral fluid as a result of the exchange of the drug between the circulatory system and the oral cavity.<sup>5</sup>

**OXY:** Oxycodone is a semi-synthetic opioid with a structural similarity to codeine. The drug is manufactured by modifying thebaine, an alkaloid found in the opium poppy. Oxycodone, like all opiate agonists, provides pain relief by acting on opioid receptors in the spinal cord, brain, and possibly directly in the affected tissues. Oxycodone is prescribed for the relief of moderate to high pain. The approximate half-life in serum is averaged about 14 hours.

**BZO:** Benzodiazepines are medications that are frequently prescribed for the symptomatic

treatment of anxiety and sleep disorders.

The Benzodiazepines assay contained within the InstaCube Oral Drug Screen Device yields a positive result when the oxazepam concentration in oral fluid exceeds 10 ng/mL.

**BUP:** Buprenorphine is a semisynthetic opioid analgesic derived from thebaine, a component of opium. It has a longer duration of action than morphine when indicated for the treatment of moderate to severe pain, peri-operative analgesia, and opioid dependence. Low doses buprenorphine produces sufficient agonist effect to enable opioid-addicted individuals to discontinue the misuse of opioids without experiencing withdrawal symptoms. Buprenorphine carries a lower risk of abuse, addiction, and side effects compared to full opioid agonists because of the "ceiling effect", which means no longer continue to increase with further increases in dose when reaching a plateau at moderate doses. However, it has also been shown that Buprenorphine has abuse potential and may itself cause dependency. Buprenorphine was rescheduled from Schedule V to Schedule III drug just before FDA approval of Suboxone and Subutex.

**BAR:** Barbiturates are central nervous system depressants. They are used therapeutically as sedatives, hypnotics, and anticonvulsants. Barbiturates are almost always taken orally as capsules or tablets. The effects resemble those of intoxication with alcohol. Chronic use of barbiturates leads to tolerance and physical dependence. Short acting Barbiturates taken at 400 mg/day for 2-3 months can produce a clinically significant degree of physical dependence. Withdrawal symptoms experienced during periods of drug abstinence can be severe enough to cause death. Only a small amount (less than 5%) of most Barbiturates are excreted unaltered in the urine.

The approximate detection time limits for Barbiturates are:  
Short acting (e.g. Secobarbital) 100 mg PO (oral) 4.5 days  
Long acting (e.g. Phenobarbital) 400 mg PO (oral) 7 days.

## ALCOHOL(ACL)

Alcohol intoxication can lead to loss of alertness, coma, death and as well as birth defects. The BAC at which a person becomes impaired is variable. The United States Department of Transportation (DOT) has established a BAC of 0.02% (20mg/dL) as the cut-off level at which an individual is considered positive for the presence of alcohol.

This assay provides only a preliminary analytical test result. A more specific alternate chemical method must be used in order to obtain a confirmed analytical result. Gas chromatography/mass spectrometry (GC/MS) and gas chromatography/tandem mass spectrometry (GC/MS/MS) are the preferred confirmatory methods. Professional judgment should be applied to any drug of abuse test result, particularly when preliminary positive results are indicated.

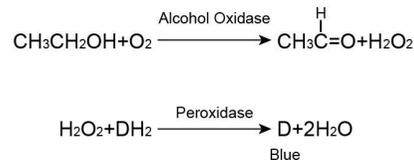
## PRINCIPLE

(1) The InstaCube Oral Drug Test is an immunoassay based on the principle of competitive binding. Drugs that may be present in the oral fluid specimen compete against their respective drug conjugate for binding sites on their specific antibody.

During testing, a portion of the oral fluid specimen migrates along the test strip by capillary action. A drug, if present in the oral fluid specimen below its cut-off concentration, will not saturate the binding sites of its specific antibody. The antibody will then react with the drug-protein conjugate and a visible colored line will show up in the test line region of the specific drug strip. The presence of drug above the cut-off concentration in the oral fluid specimen will saturate all the binding sites of the antibody. Therefore, the colored line will not form in the test line region.

A drug-positive oral fluid specimen will not generate a colored line in the specific test line region of the strip because of drug competition, while a drug-negative oral fluid specimen will generate a line in the test line region because of the absence of drug competition. To serve as a procedural control, a colored line will always appear at the control line region, indicating that proper volume of specimen has been added and membrane wicking has occurred.

(2) Alcohol Test: A pad coated with enzymes, turns to color shades of green and blue on contact with alcohol in the oral fluids. The alcohol pad employs a solid phase chemistry which uses the following highly specific enzymatic reaction:



## REAGENTS

(1) The test contains mouse monoclonal antibody-coupled particles and corresponding drug-protein conjugates. A goat antibody is employed in each control line.

(2) Alcohol Test: The alcohol pad contains Tetramethylbenzidine, Alcohol Oxidase, Peroxidase, Buffer and Stabilizing Proteins

## PRECAUTIONS

- For forensic use only.
- Do not use after the expiration date.
- The test device should remain in the sealed pouch until use.
- All specimens should be considered potentially hazardous and handled in the same manner as an infectious agent.
- The used collector and device should be discarded according to local regulations.
- Safety data sheets available for professional user upon request

## STORAGE AND STABILITY

Store as packaged in the sealed pouch either at room temperature or refrigerated (2-30°C). The test device is stable through the expiration date printed on the sealed pouch. The test device must remain in the sealed pouch until use. **DO NOT FREEZE.** Do not use beyond the expiration date.

## SPECIMEN COLLECTION AND PREPARATION

The oral fluid specimen should be collected using the collector provided with the kit. Follow the detailed Directions for Use below. No other collection devices should be used with this test. Oral fluid collected at any time of the day may be used. If specimen cannot be tested immediately, it is recommended that specimen be stored at 2-8°C or -20°C for up to 72 hours. Specimen may also be stored at room temperature for up to 48 hours. For ideal shipment conditions, transport specimen using ice packs (2-8°C).

## MATERIALS

### Materials Provided

- Test devices
- Collectors
- Security seals
- Package insert

### Materials Required But Not Provided

Timer  
Gloves

## DIRECTIONS FOR USE

Allow the test device, specimen, and/or controls to reach room temperature (15-30 °C) prior to testing. Instruct the donor to not place anything in the mouth including food, drink, gum, and tobacco products for at least 10 minutes prior to collection.

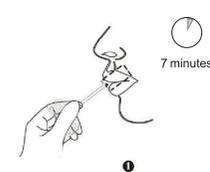
1. Bring the pouch to room temperature before opening it. Remove the test device from the sealed pouch and use it as soon as possible.
2. Remove the collector from the sealed pouch, insert the sponge into mouth. Close mouth and move the sponge around for oral fluid collection. Soak sponge (do not bite, suck or chew on the sponge), in oral fluid and swab the inside of the mouth and tongue. Collect oral fluid for 7 minutes or until sponge is soft and fully saturated. No hard spots should be felt on the sponge when saturated (See illustration 1)
3. Place the test device on a clean and flat surface. Remove the collection sponge from mouth and insert gently into the screening device, press until the collector cap is sealed with the device tightly. **Keep upright when inserting and pressing the sponge.** (See illustration 2)
4. Keep upright while test is running. Wait for the colored signal to appear in test results area. Read results at 10 minutes. Do not interpret results after 15 minutes.

**ALCOHOL(ACL):** Read alcohol result at 3 minutes, refer to color chart. Do not interpret alcohol result after 4 minutes.

**Note:** 1, Once the collection sponge locks in place, the device is airtight, tamper evident, and ready to be disposed or sent to lab for confirmation (on presumptive positive result).

2, **If no wicking issue occurred, please peel off the label at the bottom of the device as marked to check if there is enough specimen (obvious specimen residue) or the saliva is too thick or viscous to run.**

3, **In the case of no flowing even with enough saliva specimen, or the saliva is too thick to run, please move the device (keep upright, don't tilt) back and forth on a flat and clean surface for several times until saliva flows up. Do not tilt when the test is running before reading results.**



Interpretation results:



**INTERPRETATION OF RESULTS**

(Please refer to the previous illustration)

**NEGATIVE:** \* A colored line in the control line region (C) and a colored line in the test line region (T) for a specific drug indicate a negative result. This indicates that the drug concentration in the oral fluid specimen is below the designated cut-off level for that specific drug.

**\*NOTE:** The shade of color in the test line region (T) may vary, but it should be considered negative whenever there is even a faint colored line.

**POSITIVE:** A colored line in the control line region (C) but no line in the test line region (T) for a specific drug indicates a positive result. This indicates that the drug concentration in the oral fluid specimen exceeds the designated cut-off for that specific drug.

**INVALID:** Control line (C) fails to appear. Insufficient specimen volume or incorrect procedural techniques are the most likely reasons for control line failure. Review the procedure and repeat the test using a new test device. If the problem persists, discontinue using the lot immediately and contact your local distributor.

**Alcohol Test Results**

**Alcohol Negative Result:** The alcohol pad shows no color change (remains white or cream colored); it should be interpreted as a negative result (no alcohol present). A result where the outer edges of the alcohol pad produces a slight color but the majority of the pad remains colorless should be repeated to ensure complete saturation of the alcohol pad with oral fluid. If the second result is the same, the results should be interpreted as being negative (no alcohol present).

**Alcohol Presumptive Positive Result:** The Alcohol test produces a color change to green to blue in the presence of salivary alcohol 0.02 % B.A.C. or higher. At higher alcohol concentration near 0.30% B.A.C., the color may change to a dark blue-gray.

**QUALITY CONTROL**

A procedural control is included in the test. A colored line appearing in the control region (C) is considered an internal procedural control. It confirms sufficient specimen volume, adequate membrane wicking and correct procedural technique. Control standards are not supplied with this kit; however, it is recommended that positive and negative controls be tested as a good laboratory practice to confirm the test procedure and to verify proper test performance.

**LIMITATIONS**

1. The InstaCube Oral Drug Test provides only a qualitative, preliminary analytical result. A secondary analytical method must be used to obtain a confirmed result. Gas chromatography/mass spectrometry (GC/MS) or gas chromatography/tandem mass spectrometry (GC/MS/MS) is the preferred confirmatory method.
2. There is a possibility that technical or procedural errors, as well as other interfering substances in the oral fluid specimen may cause erroneous results.
3. A positive test result does not indicate the concentration of drug in the specimen or the route of administration.
4. A negative result may not necessarily indicate a drug-free specimen. Drug may be present in the specimen below the cut-off level of the test.
5. The test does not distinguish between drugs of abuse and certain medications.
6. A positive result may be obtained from certain foods or food supplements.

**PERFORMANCE CHARACTERISTICS**

**Analytical Sensitivity**

A phosphate-buffered saline (PBS) pool was spiked with drugs to target concentrations of ± 50% cut-off and tested with the Oral Fluid Pipette Test. The results are summarized below.

Drug Conc. (Cut-off range)	AMP		COC		THC		MET		OPI		MTD		PCP		OXY		BZO		BUP		BAR				
	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	
0% Cut-off	30	0	30	0	30	0	30	0	30	0	30	0	30	0	90	0	87	0	30	0	30	0	30	0	
-50% Cut-off	30	0	30	0	30	0	30	0	30	0	30	0	30	0	90	0	87	0	30	0	30	0	30	0	
+50% Cut-off	0	30	0	30	0	30	0	30	0	30	0	30	0	30	0	90	0	87	0	30	0	30	0	30	0

**Analytical Specificity**

The following table lists the concentration of compounds (ng/mL) above which The InstaCube Oral Drug Test identified positive results at 10 minutes.

AMPHETAMINE (AMP)		OXYCODONE (OXY)	
d-Amphetamine	50	Hydrocodone	6,250

d,l-Amphetamine	125
β-Phenylethylamine	4,000
Tryptamine	1,500
p-Hydroxyamphetamine	800
(+)-3,4-Methylenedioxyamphetamine (MDA)	150
l-Amphetamine	4,000
<b>COCAINE (COC)</b>	
Benzoylcegonine	20
Cocaine	20
Cocaine base	25
Ecgonine	1,500
Ecgonine methylester	12,500
N-Acetylprocainamide	12,500
Chlordiazepoxide	12,500
<b>MARIJUANA (THC)</b>	
11-nor-Δ <sup>9</sup> -THC-9 COOH	12
Cannabinol	31,500
11-nor-Δ <sup>8</sup> -THC-9 COOH	2
Δ <sup>9</sup> -THC	6,000
Δ <sup>8</sup> -THC	20,000
<b>METHAMPHETAMINE (MET)</b>	
d-Methamphetamine	50
Fenfluramine	60,000
p-Hydroxymethamphetamine	400
Methoxyphenamine	25,000
3,4-Methylenedioxyamphetamine (MDMA)	50
l-Phenylephrine	4,000
Procaine	2,000
(1R,2S)-(-) Ephedrine	400
1-Ephedrine	400
Mephentermine	800
(-) Deoxyephedrine, L-Methamphetamine	3,000
Ephedrine	800
<b>BENZODIAZEPINES (BZO)</b>	
Alprazolam	6
Bromazepam	12
Chlordiazepoxide	12
Clobazam	6
Clorazepate	25
Delorazepam	25

Levorphanol	12,500
Naloxone	12,500
Naltrexone	12,500
Oxycodone	20
Secobarbital	50,000
Oxymorphone	100
Hydromorphone	25,000
<b>OPIATE (OPI)</b>	
Morphine	40
Codeine	10
Ethylmorphine	24
Hydromorphone	100
Hydrocodone	100
Levorphanol	400
Oxycodone	25,000
Morphine 3-β-d-glucuronide	50
Norcodeine	1,500
Normorphine	12,500
Nalorphine	10,000
Oxymorphone	25,000
Thebaine	1,500
Diacetylmorphine (Heroin)	50
6-Monoacetylmorphine (6-MAM)	25
Bilirubin	3,500
<b>BUPRENORPHINE (BUP)</b>	
Buprenorphine	5
Buprenorphine -3-D-Glucuronide	10
Norbuprenorphine	5
Norbuprenorphine-3-D-Glucuronide	10
Buprenorphine Glucuronide	20
<b>Barbiturate (BAR)</b>	
Secobarbital	50
Alphenal	100
Amobarbital	100
Aprobarbital	30
Butobarbital	30
Butalbital	400
Butethal	30
Cyclopentobarbital	60

Desalkylflurazepam	25
Diazepam	3
Estazolam	3
Flunitrazepam	100
α-Hydroxyalprazolam	200
(±)-Lorazepam	200
Midazolam	25
Nitrazepam	12
Norchlordiazepoxide	200
Nordiazepam	25
Temazepam	6
Oxazepam	10
Triazolam	25

Pentobarbital	150
Phenobarbital	30
<b>PHENCYCLIDINE (PCP)</b>	
Phencyclidine	10
Tetrahydrozoline	50,000
<b>METHADONE (MTD)</b>	
Methadone	30
Doxylamine	50,000
Estrone-3-sulfate	50,000
Phencyclidine	50,000

**Alcohol Test**

The Alcohol test will react with methyl, ethyl, and allyl alcohols, but it will not react with alcohols having 5 or more carbons, glycine, glycerol, and serine. This property is a result of specificity of the alcohol oxidase enzyme extracted from yeast.

**Cross-Reactivity**

A study was conducted to determine the cross-reactivity of the test with compounds spiked into drug-free PBS stock. The following compounds demonstrated no false positive results on The InstaCube Oral Drug Test when tested at concentrations up to 100 µg/mL.

**Non Cross-Reacting Compounds**

Acetaminophen	Diclofenac	Loperamide	d-Pseudoephedrine
Acetophenetidine	Dicyclomine	Meprobamate	Quinacrine
Acetylsalicylic acid	Diflunisal	Methylphenidate	Quinine
Aminopyrine	Digoxin	Nalidixic acid	Quindine
Amoxicillin	Diphenhydramine	Naproxen	Ranitidine
Ampicillin	β-Estradiol	Niacinamide	Salicylic acid
Amitypyline	Ethyl-p-aminobenzoate	Nifedipine	Sulfamethazine
Ascorbic acid	l-Epinephrine	Nimesulide	Sulindac
Apomorphine	Erythromycin	Norethindrone	Tetracycline
Aspartame	Fenoprofen	Noscapine	Tetrahydrocortisone
Atropine	Furosemide	d,l-Octopamine	3-acetate
Benzilic acid	Gentisic acid	Oxalic acid	Tetrahydrocortisone
Benzoic acid	Hemoglobin	Oxolinic acid	3 (β-d-glucuronide)
Benzphetamine	Hydralazine	Oxymetazoline	Theophylline
Bupirone	Hydrochlorothiazide	Papaverine	Thiamine
Caffeine	Hydrocortisone	Penicillin-G	Thioridazine
Chloral hydrate	o-Hydroxyhippuric acid	Pentazocine	d,l-Tyrosine
Chloramphenicol	βHydroxynorephedrine	Perphenazine	Tolbutamide
Chlorothiazide	5-Hydroxytryptamine	Phenelzine	Trazodone
d,l-Chloropheniramine (Serotonin)	3-Hydroxytyramine	Propylamine	Trans-2-phenylcyclo- Triamterene
Chlorpromazine	lbutrofen	Phentermine	Trimethoprim
Chloroquine	lproniazid	Phenylpropanolaminel,l-Tryptophan	
Cholesterol	(-)Isoproterenol	Prednisolone	Tyramine
Clonidine	Isosuprine	Phenobarbital	Uric acid
Cortisone	Ketoprofen	Prednisone	Verapamil
Creatinine	Labetalol	d,l-Propranolol	Zomepirac
Deoxycorticosterone			
Dextromethorphan			

**Alcohol Test**

The following substances may interfere with the Oral Fluid Drug and Alcohol Screen Device when using samples other than oral fluid:

(1) Agents which enhance color development: Peroxides and strong oxidizers

(2) Agents which inhibit color development:

Reducing Agents: such as Ascorbic acid, Tannic Acid, Pyrogallol, Mercaptanals and tosylates, Oxalic acid, Uric acid, Bilirubin, L-methyldopa, L-dopa, L-methyldopa, and Methampyrone, etc. The above-named substances do not normally appear in sufficient quantity in oral fluid to interfere with the test. However, care must be taken that they are not introduced into the mouth during the 10 minutes period preceding the test.

1. Moolchan E, et al. *Saliva and Plasma Testing for Drugs of Abuse: Comparison of the Disposition and Pharmacological Effects of Cocaine*. Addiction Research Center, IRP, NIDA, NIH, Baltimore, MD. As presented at the SOFT-TIAFT meeting October 1998.
2. Schramm W., et al. *Drugs of Abuse in Saliva: A Review*. J Anal Tox, 16 (1):1-9, 1992.
3. Kim I, et al. *Plasma and oral fluid pharmacokinetics and pharmacodynamics after oral codeine administration*. Clin Chem, 48 (9):1486-96, 2002.
4. Kang GI and Abbott FS. *Analysis of methadone and metabolites in biological fluids with gas chromatography-mass spectrometry*. J Chromatogr, 231(2): 311-319, Sept 1982.
5. McCarron MM, et al. *Detection of Phencyclidine Usage by Radioimmunoassay of Saliva*. J Anal Tox. 8 (5):197-201, 1984.

Manufactured for:

**DTC**

866-501-4292

[www.prescreendrugtest.com](http://www.prescreendrugtest.com)